1. Record Nr. UNINA9910782624003321 Autore Long Bonita C. **Titolo** Women, work, and coping [[electronic resource]]: a multidisciplinary approach to workplace stress / / edited by Bonita C. Long and Sharon E. Kahn Montreal, : McGill-Queen's University Press, c1993 Pubbl/distr/stampa **ISBN** 1-282-85667-7 9786612856679 0-7735-6435-7 Descrizione fisica 1 online resource (353 p.) Collana Critical perspectives on public affairs, , 1188-1127 Altri autori (Persone) LongBonita Clarice <1945-> KahnSharon E. <1946-> 158 Disciplina Soggetti Women - Job stress Women - Employment - Psychological aspects Psychology, Industrial Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Co-published by University of British Columbia Academic Women's Note generali Association and Canadian Centre for Policy Alternatives. Nota di bibliografia Includes bibliographical references and indexes. ""Contents""; ""Foreword""; ""Acknowledgments""; ""About the Nota di contenuto Contributors""; ""Introduction""; ""PART ONE: OVERVIEW OF WOMEN AND WORK""; ""1 Asymmetric Changes in Men's and Women's Roles""; ""2 Women's Lives Complete: Methodological Concerns""; ""3 Implications for Employment Intervention and Policy""; ""PART TWO: EMPLOYED WOMEN IN CONTEXT""; ""4 Women in Management: Power and Powerlessness""; ""5 Patterns of Cultural Awareness: Coping Strategies for Women Managers""; ""6 Examining Gender in Organizational Relationships and Technological Change" ""PART THREE: COPING RESOURCES: STRESS MODERATORS"""7 Stress, Coping, and Social Support among Women Managers"; ""8 Social Support and Coping of Employed Women""; ""9 Marriage Matters: Young Women's Health""; ""10 Perceived Control and Employed Men and Women""; ""PART FOUR: APPRAISALS AND COPING STRATEGIES: STRESS

MEDIATORS""; ""11 Cognitive Appraisals and Coping with Stress""; ""12 Evaluations of What's at Stake and What I Can Do""; ""PART FIVE:

WOMEN'S WAYS OF COPING: RESEARCH AND THEORETICAL IMPLICATIONS""; ""13 Neglected Methodological Issues in Employment Stress""

""14 A Theoretical Integration of Women, Work, and Coping"""Author Index""; ""A""; ""B""; ""C""; ""D""; ""E""; ""F""; ""G""; ""H""; ""I""; ""J""; ""K""; ""L""; ""M""; ""N""; ""O""; ""P""; ""Q""; ""R""; ""S""; ""T""; ""U""; ""V""; ""W""; ""Y""; ""Z""; ""Subject Index""; ""A""; ""B""; ""C""; ""D""; ""E""; ""F""; ""G""; ""H""; ""J""; ""K""; ""L""; ""M""; ""N""; ""O""; ""P""; ""Q""; ""R""; ""S""; ""T"": ""U"": ""V"": ""W"": ""Y""

Sommario/riassunto

Written by feminists and other researchers from the disciplines of psychology, sociology, anthropology, and management science, the fourteen essays in this collection are about women's experience of paid work and women's ways of coping with employment stress. The opening essays highlight the tremendous social and cultural changes that have compelled women to develop new coping strategies. Several contributing authors examine specific workplace structures and describe women's experiences in different occupational contexts whether hostile or hospitable. Shifting from a structural to an individual perspective, other contributors deal with psychosocial factors, such as gender differences, that have been found to moderate stress and enhance the coping process. They analyse individual experiences with work-related stressors, focusing on the mediating effects of cognitive appraisals. The concluding chapters provide a critique of research methods commonly used to study work-related stress and coping and a review by the editors of the many factors and relationships which influence women's ways of coping with employment stress. Women, Work, and Coping contains contributions by Nina Colwill, Bruce E. Compas, Esther R. Greenglass, Barbara Gutek, Catherine A. Heaney, Sharon E. Kahn, Ronald C. Kessler, Karen Korabik, Bonita C. Long, Judi Marshall, Diana L. Mawson, Lisa M. McDonald, Pamela G. Orosan, Hazel M. Rosin, Craig A. Smith, Anne Statham, Allison Tom, Elaine Wethington, and Lois M. Verbrugge.