

1. Record Nr.	UNINA9910154787203321
Autore	Green Wendy
Titolo	Migraines : a self-help guide to feeling better / / Wendy Green ; foreword by Professor Anne MacGregor
Pubbl/distr/stampa	Chichester, England : , : Summersdale Publishers Ltd, , 2016 ©2016
ISBN	1-78372-719-5
Descrizione fisica	1 online resource (161 pages)
Collana	Personal Health Guides
Disciplina	616.84912
Soggetti	Migraine Migraine - Treatment
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references.
Sommario/riassunto	Migraines are one of the most serious disabling medical conditions. In the UK, around one in five women, one in nine children and one in twelve men suffer from them. This book will help you understand conventional and alternative treatments. It explains how to avoid your triggers and how to choose beneficial foods and supplements.

2. Record Nr.	UNINA9910782623703321
Autore	Mann Jeff
Titolo	Loving mountains, loving men [[electronic resource] /] / Jeff Mann
Pubbl/distr/stampa	Athens, : Ohio University Press, c2005
ISBN	0-8214-4200-7
Descrizione fisica	1 online resource (238 p.)
Collana	Ohio University Press series in ethnicity and gender in Appalachia
Disciplina	811/.54
Soggetti	Mountain life - Appalachian Region, Southern Poets, American - 20th century College teachers - United States Gay men - United States Gay youth - West Virginia Appalachian Region, Southern Biography West Virginia Social life and customs
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Bibliographic Level Mode of Issuance: Monograph