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Nota di contenuto	Preface; Contents; Contributors; Ch.1: The Homesickness Concept: Questions and Doubts; Ch.2: Culture Shock, Homesickness and Adaptation to a Foreign Culture; Ch.3: The Psychological Context of Homesickness; Ch.4: Geographical Moves and Psychological Adjustment; Ch.5: Homesickness and Acculturation Stress in the International Student; Ch.6: Psychological and Psychosocial Adjustment of Migrants: Families in a Changing Environment; Ch.7: Individual Differences in Acculturative Stress Reactions: Determinants of Homesickness and Psychosocial Maladjustment Ch.8: The Cry for the Lost Placenta: Cultural Bereavement and Cultural Survival among Cambodians who Resettled, were Repatriated, or Stayed at Home Ch.9: Children's Coping with Homesickness: Phenomenology and Intervention; Ch.10: Homesickness after Relocation during Early Adolescence; Ch.11: Personality, Temperament, and Homesickness; Ch. 12:Homesickness: Personality, Attachment and Emotional Correlates; Ch.13: Health Issues in International Tourism: The Role of Health Behavior, Stress and Adaptation; Ch.14:Development of

Sommario/riassunto

Mobility of mankind has increased enormously in the past few decades. People leave their homes and native countries for business and study, for vacation or to flee from unsafe conditions like wars and natural disasters. In all cases the sojourner faces a dual challenge of breaking with the familiar home environment and adjusting to new surroundings. This book deals with the psychological and health consequences of leaving the familiar home and the process of creating a new one. The focus is mainly on acculturation stress and homesickness, which both are relevant to those who travel. Acculturation refers to the process and outcome of a person's encounter with, and adaptation to, a culturally new and different environment. Homesickness is defined as a depression-like reaction to leaving one's home. The contributions in this book present empirical data as well as theoretical and conceptual discussions. Causes, consequences, moderating variables, and theoretical explanations are discussed. Both short-term (e.g., vacations) and long-term (e.g. immigration) separations from home receive attention. By combining these different but related topics, this book provides a valuable overview for researchers, teachers, students and professionals working with people who present with problems related to migration or traveling.
