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Autore	Whitbourne Susan Krauss
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Nota di contenuto	Contents; Preface; Acknowledgments; 1 Models of Identity and the Aging Process; 2 Who Are the Aged?; 3 How Aging Is Studied; 4 Aging of Appearance and Mobility; 5 Cardiovascular and Respiratory Systems; 6 Physiological Control Systems I: Digestive, Excretory, and Endocrine Systems; 7 Physiological Control Systems II: Reproductive, Autonomic, and Immune Systems; 8 Dementia and Normal Age Changes in the Brain; 9 Chronic Diseases and Health; 10 Sensory and Perceptual Processes; 11 Concluding Observations: Identity and the Biopsychosocial Perspective Revisited; References; Index
Sommario/riassunto	Continuing in the tradition of the first edition, Whitbourne's identity process model serves to integrate the physiological with a psychological perspective. The effects of physical changes on the individual are examined in terms of identity, as well as the impact of identity on the interpretation of these changes. The preventive and compensatory steps that individuals can take to offset the aging process are explored as well. As with the first edition, a major strength of this text is the author's illumination of complex biological concepts in a clear and accessible style. The Second Edition