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Titolo	A beginner's guide to training in counselling & psychotherapy [[electronic resource] /] / edited by Robert Bor and Stephen Palmer
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Altri autori (Persone)	BorRobert PalmerStephen <1955->
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	COVER; Contents; The Editors; The Contributors; Introduction; 1 Training Routes into Therapy; 2 British Association for Counselling and Psychotherapy (BACP) Accreditation; 3 United Kingdom Council for Psychotherapy (UKCP); 4 British Psychological Society (BPS); 5 Three Main Models of Psychological Counselling; 6 Personal Qualities of a Competent Counsellor; 7 Preparing your Application; 8 Preparing for an Interview; 9 Expectations and the Reality of Training; 10 Getting the most out of Training; 11 Personal Therapy; 12 Personal Experiences of Training; 13 Life after Training Recommended Reading Appendix; Index
Sommario/riassunto	Clearly setting out the range of options for counselling and psychotherapy trainees, this book presents the professional pathways and main theoretical models available.