1. Record Nr. UNINA9910782481303321 Autore Attig Thomas <1945-> Titolo The heart of grief [[electronic resource]]: death and the search for lasting love / / Thomas Attig New York, : Oxford University Press, 2000 Pubbl/distr/stampa **ISBN** 0-19-773568-1 0-19-028366-1 1-280-65497-X 0-19-802795-8 Descrizione fisica 1 online resource (310 p.) Disciplina 155.9/37 Soggetti Bereavement - Psychological aspects Death - Psychological aspects Grief Loss (Psychology) Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Contents; Preface; I. PLACES IN THE HEART; II. TRANSITIONS TO Nota di contenuto LASTING LOVE; III. MEMORIES; IV. PRACTICAL LIFE; V. LIFE OF THE SOUL: RETURNING HOME; VI. LIFE OF THE SPIRIT: REVIVING HOPE; Afterword: Grief Is a Journey of the Heart; Acknowledgments ""What's gone and what's past help,"" Shakespeare wrote, ""should be Sommario/riassunto past grief."" But Thomas Attig argues that Shakespeare is wrong--that a grieving survivor need never let go. In The Heart of Grief, Attig gives us an inspiring and profoundly insightful meditation on the meaning of grief, showing how it can be the path toward a lasting love of those who have died. Recounting dozens of stories of people who have struggled with deaths in their lives, he describesgrieving as a transition from loving in presence to loving in separation. The thing we

long for most--the return of the one who i