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Nota di contenuto	Contents; Contributors; Prologue; Acknowledgments; Part I: Introduction; 1 Self-Efficacy: Measurement and Intervention in Nursing; 2 The Theory and Measurement of the Self-Efficacy Construct; Part II: Self-Efficacy in Diabetes Management; 3 Self-Efficacy in Children With Diabetes Mellitus: Testing of a Measurement Instrument; 4 The Development and Psychometric Testing of an Instrument to Measure Diabetes Management Self-Efficacy in Adolescents With Type 1 Diabetes; 5 The Use of Self-Efficacy Enhancing Methods in Diabetes Education in the Netherlands 6 Strategies Enhancing Self-Efficacy in Diabetes Education: A Review; Part III: Self-Efficacy and Other Clinical Conditions; 7 Self-Efficacy Targeted Treatments for Weight Loss in Postmenopausal Women; 8 An Intervention to Increase Quality of Life and Self-Care Self-Efficacy and Decrease Symptoms in Breast Cancer Patients; Index
Sommario/riassunto	Self efficacy, or the belief that one can self-manage one's own health, is an important goal of health care providers, particularly in chronic

illness. This book explores the concept of self efficacy from theory, research, measurement, and practice perspectives. The core of the book is an international collaboration of nurses from the U.S. and the Netherlands who have developed tools for promoting and measuring self efficacy in diabetes management.
