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| 1. Record Nr. | UNINA990006140500403321 |
| Titolo | ATTI della Commissione incaricata di studiare le modificazioni da introdursi nel Regno d'Italia |
| Pubbl/distr/stampa | Firenze : Stamperia Reale, 1872-1873 |
| Descrizione fisica | 3 v. ; 24 cm |
| Disciplina | 945.0842 |
| Locazione | FGBC |
| Collocazione | LEG.FIORE ATTI 4 |
| Lingua di pubblicazione | Non definito |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
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| 2. Record Nr. | UNINA9910782469103321 |
| Autore | Cornaro Luigi <1475-1566.> |
| Titolo | The art of living long [[electronic resource] /] / Louis Cornaro ; 1903
English translation by William F. Butler |
| Pubbl/distr/stampa | New York, NY, : Springer Pub. Co., c2005 |
| ISBN | 1-281-81159-9
9786611811594
0-8261-2696-0 |
| Descrizione fisica | 1 online resource (185 p.) |
| Collana | Classics in longevity and aging series |
| Altri autori (Persone) | AddisonJoseph <1672-1719.>
BaconFrancis <1561-1626.>
TempleWilliam <1628-1699> |
| Disciplina | 613 |
| Soggetti | Longevity |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | "In cooperation with the International Longevity Center." |
| Nota di bibliografia | Includes bibliographical references and index. |
| Nota di contenuto | To Louis Cornaro / Randall -- Addison in the Spectator, October 13, 1711 -- Renaissance paths to prolongevity: Cornaro and Bacon -- The |

live and writings of Louis Cornaro -- The temperate life by Louis Cornaro -- First discourse -- Second discourse -- Third discourse -- Fourth Discourse -- Selections from Lord Bacon's History of life and death, etc. -- Selections from Sir William Temple's Health and long life, etc. -- A short history of the Cornaro Family -- Some account of eminent Cornaros -- Gamba's eulogy upon Louis Cornaro -- Lovarini's The villas erected by Louis Cornaro.

Sommario/riassunto

Sixteenth century Venetian Ambassador and Renaissance Christian Luigi Cornaro was celebrated in his time for his stance on dietary self-restraint, moderate living, and living to the age of 103. For these hundred of years his classic book has survived as a renowned text on longevity and an inspiring treatise on the path of temperance that the author believed could lead anyone out of a state of illness and into a healthy long life. The Art of Living Long contains Cornaro's four discourses, respectively concerned with demonstrating his ideas through his own example, exploring the necessity of tem
