

1. Record Nr.	UNINA9910782468703321
Titolo	Social structures, aging, and self-regulation in the elderly [[electronic resource] /] / edited by K. Warner Schaie, Laura L. Carstensen
Pubbl/distr/stampa	New York, : Springer Pub., c2006
ISBN	1-281-81147-5 9786611811471 0-8261-2412-7
Descrizione fisica	1 online resource (258 p.)
Collana	Societal impact on aging series
Altri autori (Persone)	CarstensenLaura L SchaieK. Warner <1928-> (Klaus Warner)
Disciplina	305.26
Soggetti	Aging - Social aspects Cognition in old age
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	"Edited proceedings of a conference held at the Pennsylvania State University, October 4-5, 2004"--Pref.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Contents; Contributors; Preface; 1. Societal Influences That Affect Cognitive Functioning in Old Age; 2. Wisdom in Social Context; 3. Social Influences on Adult Personality, Self-Regulation, and Health; 4. Social Norms, Rules of Thumb, and Retirement: Evidence for Rationality in Retirement Planning; 5. Race and Self-Regulatory Health Behaviors: The Role of the Stress Response and the HPA Axis in Physical and Mental Health Disparities; Index
Sommario/riassunto	This collection considers ways in which societal contexts influence aging by influencing self-regulatory processes. No one doubts that the social contexts in which individuals develop exert strong influence on life trajectories. Those born into environments that provide high quality education, supportive social relations, and economic assets do better in old age than those born into environments bereft of such resources. The extent of this influence, however, is only beginning to be revealed. Recent research shows that life experiences influence basic brain structures (e.g. the effect of music