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Sommario/riassunto	The goal of this book is to fill the many gaps that health care providers face when helping women learn self care and prevention skills. Special attention is paid to minority status, low literacy, and elderly women who may have fewer opportunities to find health information independently. While this is ample information on reproductive health available, women experience a lack of timely information on nonreproductive health issues, such major killers as lung cancer and cardiovascular disease; adequate information for family caregivers, who are mostly women; and other disorders, ranging from AI