

1. Record Nr.	UNINA9910782459003321
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Titolo	Enhancing sexuality [[electronic resource]] : a problem-solving approach : therapist guide // John P. Wincze, David H. Barlow
Pubbl/distr/stampa	Boulder, CO, : Graywind Publications San Antonio, : Psychological Corp., c1997
ISBN	1-280-84562-7 9786610845620 0-19-972022-3
Descrizione fisica	1 online resource (97 p.)
Collana	TherapyWorks
Altri autori (Persone)	BarlowDavid H
Disciplina	616.858306
Soggetti	Sex therapy Sexual disorders
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 77-82).
Nota di contenuto	Table of Contents; Chapter 1: Introduction; Chapter 2: Program Structure and Practical Implementation; Chapter 3: Assessment of Sexual Dysfunction Problems; Chapter 4: Therapy Outline: Building Blocks to Understand and Assess Sexual Problems (Client Workbook Chapters 1-3); Chapter 5: Problems with Desire and Arousal; Chapter 6: Problems with Ejaculation and Orgasm; Chapter 7: Problems with Pain and Discomfort During Sexual Penetration; Chapter 8: Importance of the Sexual Partner; Chapter 9: Working With a Partner to Master Your Sexual Problems; Chapter 10: Mastering Your Sexual Problem Chapter 11: Continuing Progress and Avoiding RoadblocksChapter 12: Relapse Prevention; Appendix A; References
Sommario/riassunto	Using a cognitive-behavioral approach, this book addresses sexuality as a part of human functioning that can be associated with joy and good interpersonal relationships, and stress and problematic interpersonal relationships. It helps individuals seeking to improve sexual relations, including those who may be experiencing sexual dysfunction.