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| 1. Record Nr. | UNINA9910782459003321 |
| Autore | Wincze John P. <1943-> |
| Titolo | Enhancing sexuality [[electronic resource]] : a problem-solving approach : therapist guide / / John P. Wincze, David H. Barlow |
| Pubbl/distr/stampa | Boulder, CO, : Graywind Publications San Antonio, : Psychological Corp., c1997 |
| ISBN | 1-280-84562-7 9786610845620 0-19-972022-3 |
| Descrizione fisica | 1 online resource (97 p.) |
| Collana | TherapyWorks |
| Altri autori (Persone) | BarlowDavid H |
| Disciplina | 616.858306 |
| Soggetti | Sex therapy Sexual disorders |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | Description based upon print version of record. |
| Nota di bibliografia | Includes bibliographical references (p. 77-82). |
| Nota di contenuto | Table of Contents; Chapter 1: Introduction; Chapter 2: Program Structure and Practical Implementation; Chapter 3: Assessment of Sexual Dysfunction Problems; Chapter 4: Therapy Outline: Building Blocks to Understand and Assess Sexual Problems (Client Workbook Chapters 1-3); Chapter 5: Problems with Desire and Arousal; Chapter 6: Problems with Ejaculation and Orgasm; Chapter 7: Problems with Pain and Discomfort During Sexual Penetration; Chapter 8: Importance of the Sexual Partner; Chapter 9: Working With a Partner to Master Your Sexual Problems; Chapter 10: Mastering Your Sexual Problem Chapter 11: Continuing Progress and Avoiding RoadblocksChapter 12: Relapse Prevention; Appendix A; References |
| Sommario/riassunto | Using a cognitive-behavioral approach, this book addresses sexuality as a part of human functioning that can be associated with joy and good interpersonal relationships, and stress and problematic interpersonal relationships. It helps individuals seeking to improve sexual relations, including those who may be experiencing sexual dysfunction. |