

1. Record Nr.	UNINA9910782433103321
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Titolo	Aguecheek's beef, belch's hiccup, and other gastronomic interjections [[electronic resource]] : literature, culture, and food among the early moderns // Robert Appelbaum
Pubbl/distr/stampa	Chicago, : University of Chicago Press, 2006
ISBN	1-281-95904-9 9786611959043 0-226-02128-9
Descrizione fisica	1 online resource (399 p.)
Disciplina	809/.933559
Soggetti	Food in literature Food - Social aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 343-361) and index.
Nota di contenuto	Frontmatter -- Contents -- Illustrations -- Preface -- Acknowledgments -- A Note on the Texts -- Chapter One. Aguecheek's Beef, Hamlet's Baked Meat -- Chapter Two. The Sensational Science -- Chapter Three. The Cookbook as Literature -- Chapter Four. The Food of Wishes, from Cockaigne to Utopia -- Chapter Five. Food of Regret -- Chapter Six. Belch's Hiccup -- Chapter Seven. Cannibals and Missionaries -- Conclusion. Crusoe's Friday, Rousseau's Émile -- Notes -- Select Bibliography -- Index
Sommario/riassunto	We didn't always eat the way we do today, or think and feel about eating as we now do. But we can trace the roots of our own eating culture back to the culinary world of early modern Europe, which invented cutlery, haute cuisine, the weight-loss diet, and much else besides. Aguecheek's Beef, Belch's Hiccup tells the story of how early modern Europeans put food into words and words into food, and created an experience all their own. Named after characters in Shakespeare's Twelfth Night, this lively study draws on sources ranging from cookbooks to comic novels, and examines both the highest ideals of culinary culture and its most grotesque, ridiculous and pathetic expressions. Robert Appelbaum paints a vivid picture of a world in

which food was many things—from a symbol of prestige and sociability to a cause for religious and economic struggle—but always represented the primacy of materiality in life. Peppered with illustrations and a handful of recipes, *Aguecheek's Beef, Belch's Hiccup* will appeal to anyone interested in early modern literature or the history of food.
