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Titolo	Prayer in counselling and psychotherapy [[electronic resource]] : exploring a hidden meaningful dimension // Peter Madsen Gubi ; foreword by Brian Thorne
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Nota di contenuto	FRONT COVER; Prayer in Counselling and Psychotherapy: Exploring a Hidden Meaningful Dimension; Contents; Foreword; Introduction; 1. Setting the Context; 2. Is Prayer Beneficial?; 3. Reflecting on Potential Problems; 4. The Ethical Use of Prayer; 5. How Prayer Influences Practice; 6. How Prayer Is Integrated in Counselling; 7. Meeting the Challenge; References; Subject Index; Author Index;
Sommario/riassunto	Within mainstream counselling and psychotherapy there is growing interest in the spiritual dimension of counselling. Prayer is at the centre of most spirituality and prayer is important to many people's psychological well-being. Peter Madsen Gubi argues that philosophically, all counselling can be regarded as prayer, particularly when working at relational depth; that prayer plays an important part in maintaining many mainstream counsellors' well-being and, with caution and considered ethical awareness, prayer can be integrated ethically into counselling when working with people of faith. The