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Titolo	Nurturing attachments [[electronic resource] ] : supporting children who are fostered or adopted / / Kim S. Golding
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Nota di contenuto	FRONT COVER; Nurturing Attachments; Supporting Children who are Fostered or Adopted; Contents; ACKNOWLEDGEMENTS; INTRODUCTION; Part 1: Attachment Theory; 1. Overview of Attachment Theory; 2. Attachment Theory: Caregiving and its Impact on Attachment and Exploration; 3. Attachment Theory: Patterns of Attachment; 4. Difficulties in Development: The Impact of Loss and Trauma; 5. Parenting Children with Difficulties Experiencing Relationships as Secure; 6. Parenting and Patterns of Attachment Part 2: A Model for Parenting the Child with Difficulties in Attachment Relationships: Providing a Secure Base7. Introduction to the Model and Creating a Secure Base; 8. Empathy and Support from the Secure Base; 9. Attunement and Empathy; 10. Protecting the Family Atmosphere and the Development of Emotional Regulation; 11. Creating a Feeling of Belonging for the Child; 12. Looking After Yourself; Part 3: A Model for Parenting the Child with Difficulties in Attachment Relationships: Building Relationships and Managin
Sommario/riassunto	Nurturing Attachments combines the experience and wisdom of

parents and carers with that of professionals to provide support and practical guidance for foster and adoptive parents looking after children with insecure attachment relationships. It gives an overview of attachment theory and a step-by-step model of parenting which provides the reader with a tried-and-tested framework for developing resilience and emotional growth. Featuring throughout are the stories of Catherine, Zoe, Marcus and Luke, four fictional children in foster care or adoptive homes, who are used to illustrate the ideas a

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