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Autore	Snyder Kurt
Titolo	Me, myself, and them [[electronic resource]] : a firsthand account of one young person's experience with schizophrenia / / Kurt Snyder ; with Raquel E. Gur and Linda Wasmer Andrews
Pubbl/distr/stampa	Oxford ; ; New York, : Oxford University Press, 2007
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Collana	The Annenberg Foundation Trust at Sunnylands' adolescent mental health initiative
Altri autori (Persone)	GurRaquel E AndrewsLinda Wasmer
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Nota di contenuto	Contents; Foreword; Preface; One: A Fragmented Mind: Overview of Schizophrenia; Two: First Encounters With Them: Symptoms and Paranoia; Three: In the Grip of Them: Losing Touch With Reality; Four: Naming and Facing the Enemy: Diagnosis and Treatment; Five: Beating the Enemy: Recovery from Schizophrenia; Six: Putting the Pieces Back Together: My Life Today; Frequently Asked Questions; Glossary; Resources; Bibliography; Index
Sommario/riassunto	During his second semester at college, Kurt Snyder became convinced that he was about to discover a fabulously important mathematical principle, spending hours lost in daydreams about numbers and symbols. In time, his thoughts took a darker turn, and he became preoccupied with the idea that cars were following him, or that strangers wanted to harm him. Kurt's mind had been hijacked by schizophrenia, a severe mental disorder that typically strikes during the late teen or young adult years. In Me, Myself, and Them, Kurt, now an

adult, looks back from the vantage point of recovery and eloquently

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