1. Record Nr. UNINA9910782223403321 Autore Di Ciacco Janis A Titolo The colors of grief [[electronic resource]]: understanding a child's journey through loss from birth to adulthood / / Janis A. Di Ciacco London: Philadelphia: Jessica Kingsley Publishers, c2008 Pubbl/distr/stampa **ISBN** 1-281-78240-8 9786611782405 1-84642-812-2 Descrizione fisica 1 online resource (176 p.) Disciplina 155.9/37083 Soggetti Children and death Grief in children Lingua di pubblicazione Inglese **Formato** Materiale a stampa Monografia Livello bibliografico Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references. Nota di contenuto front cover; the Colours of Grief: Understanding a Child's Journey through Loss fromBirth to Adulthood; CONTENTS; PREFACE; ACKNOWLEDGEMENTS; PART I: The Well of Grief; 1. Introduction: Shattered Dreams; 2. Loss and Separation; Bonding and attaching; The uniqueness of childhood bereavement; Effects on the child's health over the years: Social dysfunction and attachment disorders: Hidden regulators wrapped in everyday life's routine; 3. The Prism of Emotions Through the Grief Process; Fear and anxiety; Anger; Shame and guilt; Depression: Withdrawal, indifference, and despair 4. The Stages of GrieStage I: Shock and numbness; Stage II: Denial; PART II: Grief Through the Ages; 5. Introduction: Grief and Developmental Stag; 6. Birth to Toddler (Ages 0 to 2); Marnie's story: Early separation; Henry's story: Loss in the second year; The developing brain; Cognitive, emotional, and physical considerations: Usefulchecklists; 7. Toddler through Early Childhood (Ages 2 to 6); Sarah's story: Memories of bereavement; Cognitive, emotional, and

to 10; Andy's story: Loss of a father

physical considerations: Usefulchecklists; 8. Middle Childhood (Ages 6

Cognitive, emotional, and physical considerations: Usefulchecklists9. Adolescence to Young Adulthood (Ages 11 toMid-twenties): An Overview; The age of transiti; THE AGE OF TRANSITION; Cognitive,

emotional, and physical considerations: Usefulchecklists; 10. Early Adolescence (Ages 11 to 15); Kelly's story: Death of a brother; Cognitive, emotional, and physical considerations: Usefulchecklists; 11. Middle Adolescence (Ages 15 to 17); Hannah's story: Death of a parent; Cognitive, emotional, and physical considerations: Usefulchecklists; 12. Late Adolescence (Ages 17 to Mid-twenties) Brian's story: Death of a close friendCognitive, emotional, and physical considerations: Usefulchecklists; Conclusion; APPENDIX 1: THERAPEUTIC ACTIVITIES; Massage; Puzzle Technique; Rock Technique; Aromatherapy; Stress balls; Storytelling; APPENDIX 2: TRANSITIONAL TOOLS; Window cards; Pain comforters; APPENDIX 3: MARY POPPINS MILK RECIPE; GLOSSARY; BIBLIOGRAPHY; SUBJECT INDEX; AUTHOR INDEX

Sommario/riassunto

The Colors of Grief explores strategies for supporting a grieving child to ensure healthy growth. Janis Di Ciacco illustrates the child's grieving process, and, drawing connections between bereavement, attachment issues and social dysfunction, suggests easy-to-use activities for intervention, including infant massage, aromatherapy and storytelling.