

1. Record Nr.	UNINA9910782213503321
Autore	Marris Brian
Titolo	Teaching anger management and problem-solving skills [[electronic resource] /] / Brian Marris and Tina Rae
Pubbl/distr/stampa	London, : Paul Chapman, 2006
ISBN	1-281-89783-3 9786611897833 1-84860-849-7
Descrizione fisica	1 online resource (vi, 77 p.)
Collana	Lucky Duck Books
Altri autori (Persone)	RaeTina
Disciplina	372.146
Soggetti	Anger in children Problem solving in children Counseling in elementary education Problem children - Behavior modification
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	COVER; Contents; Introduction and Rationale; Case Study; References; Session 1 - Being Excluded; Session 2 - Focus on Anger; Session 3 - Setting Targets; Session 5 - Learning to Relax; Session 6 - Coping with Loss and Taking Time Out; Session 7 - Talking Through Problems; Session 8 - Using 'I' Messages; Session 9 - Problem-solving using Traffic Lights; Session 10 - Focusing on the Future and Target Setting; CD-Rom Worksheets
Sommario/riassunto	Based on the work of the Hillingdon Tuition Centre, this is a practical, innovative and useful resource for nine to 12 year olds whose behaviour is causing concern.