1. Record Nr. UNINA9910782156203321 Autore Buchfuhrer Mark J Titolo Restless legs syndrome [[electronic resource]]: coping with your sleepless nights / / Mark J. Buchfuhrer, Wayne A. Hening, Clete A. Kushida: with contributions from Ann. E. Battenfield, Karla M. Dzienkowski New York, : Demos/AAN Press, c2007 Pubbl/distr/stampa **ISBN** 0-9771597-6-0 1-281-97514-1 9786611975142 1-934559-76-8 Edizione [1st ed.] Descrizione fisica 1 online resource (279 p.) American Academy of Neurology (AAN) quality of life guides Collana Altri autori (Persone) HeningWayne A KushidaClete Anthony <1960-> BattenfieldAnn. E DzienkowskiKarla M Disciplina 616.8/4 Soggetti Restless legs syndrome Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Includes bibliographical references and index. Nota di bibliografia Nota di contenuto Cover; Title Page; Contents; About The AAN Press Quality of Life Guides; Foreword; Preface; Acknowledgments; Chapter 1. What are Restless Legs Syndrome and Periodic Limb Movement Disorder?; Chapter 2. How is Restless Legs Syndrome Diagnosed?; Chapter 3. Who Gets Restless Legs Syndrome and What Causes It?; Chapter 4. Nondrug Therapy and Trigger Avoidance: Chapter 5. Treating Intermittent Restless Legs Syndrome with Medication; Chapter 6. Treating Daily Restless Legs Syndrome with Medication; Chapter 7. Treating Refractory Restless Legs Syndrome with Medication Chapter 8. Augmentation, Rebound, and ToleranceChapter 9. Treating Secondary Restless Legs Syndrome and Patients with Additional Medical Problems; Chapter 10. What About Treating Periodic Limb Movement Disorder?; Chapter 11. Restless Legs Syndrome in Children; Chapter 12.

The Patient's Role in managing Restless Legs Syndrome; Chapter 13. Applying for Social Security Disability; Chapter 14. Restless Legs

Sommario/riassunto

Syndrome and Relationships; Chapter 15. Finding a Physician; Chapter 16. The Future of Restless Legs Syndrome Treatment; Resources; Glossary; List of Abbreviations; Index

Written by respected leaders in this field and sponsored by the American Academy of Neurology, Restless Legs Syndrome explains what we know about RLS, including its causes and manifestations, and what can be done to manage it. Topics covered include: # Causes, symptoms, and diagnosis # Treatments, including drug and non-pharmacologic therapy # RLS in children # Personal relationships and RLS # Resources # Lifestyle changes, dealing with daily activities, RLS triggers, and much more