

1. Record Nr.	UNINA9910782156203321
Autore	Buchfuhrer Mark J
Titolo	Restless legs syndrome [[electronic resource] ] : coping with your sleepless nights // Mark J. Buchfuhrer, Wayne A. Hening, Clete A. Kushida ; with contributions from Ann. E. Battenfield, Karla M. Dzienkowski
Pubbl/distr/stampa	New York, : Demos/AAN Press, c2007
ISBN	0-9771597-6-0 1-281-97514-1 9786611975142 1-934559-76-8
Edizione	[1st ed.]
Descrizione fisica	1 online resource (279 p.)
Collana	American Academy of Neurology (AAN) quality of life guides
Altri autori (Persone)	HeningWayne A KushidaClete Anthony <1960-> BattenfieldAnn. E DzienkowskiKarla M
Disciplina	616.8/4
Soggetti	Restless legs syndrome
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Title Page; Contents; About The AAN Press Quality of Life Guides; Foreword; Preface; Acknowledgments; Chapter 1. What are Restless Legs Syndrome and Periodic Limb Movement Disorder?; Chapter 2. How is Restless Legs Syndrome Diagnosed?; Chapter 3. Who Gets Restless Legs Syndrome and What Causes It?; Chapter 4. Nondrug Therapy and Trigger Avoidance; Chapter 5. Treating Intermittent Restless Legs Syndrome with Medication; Chapter 6. Treating Daily Restless Legs Syndrome with Medication; Chapter 7. Treating Refractory Restless Legs Syndrome with Medication Chapter 8. Augmentation, Rebound, and ToleranceChapter 9. Treating Secondary Restless Legs Syndrome and Patients with Additional Medical Problems; Chapter 10. What About Treating Periodic Limb Movement Disorder?; Chapter 11. Restless Legs Syndrome in Children; Chapter 12. The Patient's Role in managing Restless Legs Syndrome; Chapter 13. Applying for Social Security Disability; Chapter 14. Restless Legs

Syndrome and Relationships; Chapter 15. Finding a Physician; Chapter 16. The Future of Restless Legs Syndrome Treatment; Resources; Glossary; List of Abbreviations; Index

---

**Sommario/riassunto**

Written by respected leaders in this field and sponsored by the American Academy of Neurology, Restless Legs Syndrome explains what we know about RLS, including its causes and manifestations, and what can be done to manage it. Topics covered include: # Causes, symptoms, and diagnosis # Treatments, including drug and non-pharmacologic therapy # RLS in children # Personal relationships and RLS # Resources # Lifestyle changes, dealing with daily activities, RLS triggers, and much more

---