Record Nr. UNINA9910782014003321 Autore Aboujaoude Elias <1971-> Titolo Compulsive acts [[electronic resource]]: a psychiatrist's tales of ritual and obsession / / Elias Aboujaoude Berkeley, : University of California Press, c2008 Pubbl/distr/stampa **ISBN** 1-281-38556-5 1-4356-5382-3 9786611385569 0-520-93481-4 Descrizione fisica 1 online resource (191 p.) Disciplina 616.85/227 Soggetti Obsessive-compulsive disorder Compulsive behavior Lingua di pubblicazione Inglese

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Nota di contenuto Psychiatry by the dumpster -- H2O under the bridge -- A Greek

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In this compelling book, we meet a man who can't let anyone get within Sommario/riassunto

a certain distance of his nose, two kleptomaniacs from very different walks of life, an Internet addict who chooses virtual life over real life, a professor with a dangerous gambling habit, and others with equally debilitating compulsive conditions. Writing with compassion, humor, and a deft literary touch, Elias Aboujaoude, an expert on obsessive compulsive disorder and behavioral addictions, tells stories inspired by memorable patients he has treated, taking us from initial contact through the stages of the doctor-patient relationship. Into these interconnected vignettes Aboujaoude weaves his own personal experiences while presenting up-to-date, accessible medical information. Rich in both meaning and symbolism, Compulsive Acts is a journey of personal growth and hope that illuminates a fascinating yet troubling dimension of human experience as it explores a group of potentially disabling conditions that are too often suffered in silence

and isolation.