

1. Record Nr.	UNINA9910782011603321
Autore	Illouz Eva <1961->
Titolo	Saving the modern soul [[electronic resource]] : therapy, emotions, and the culture of self-help / / Eva Illouz
Pubbl/distr/stampa	Berkeley, : University of California Press, c2008
ISBN	9786611385705 1-281-38570-0 1-4356-5360-2 0-520-94131-4
Descrizione fisica	1 online resource (305 p.)
Disciplina	306.4/613
Soggetti	Social values - United States Psychoanalysis and culture - United States Psychotherapy - Social aspects - United States Emotions - Social aspects - United States Social norms - United States
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 249-286) and index.
Nota di contenuto	Front matter -- Contents -- Acknowledgments -- 1. Introduction -- 2. Freud: A Cultural Innovator -- 3. From Homo economicus to Homo communicans -- 4. The Tyranny of Intimacy -- 5. Triumphant Suffering -- 6. A New Emotional Stratification? -- 7. Conclusion: Institutional Pragmatism in the Study of Culture -- Notes -- Index
Sommario/riassunto	The language of psychology is all-pervasive in American culture-from The Sopranos to Oprah, from the abundance of self-help books to the private consulting room, and from the support group to the magazine advice column. Saving the Modern Soul examines the profound impact of therapeutic discourse on our lives and on our contemporary notions of identity. Eva Illouz plumbs today's particular cultural moment to understand how and why psychology has secured its place at the core of modern identity. She examines a wide range of sources to show how self-help culture has transformed contemporary emotional life and how therapy complicates individuals' lives even as it claims to dissect their emotional experiences and heal trauma.

