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Altri autori (Persone)	WhismanMark A
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Nota di contenuto	Cognitive therapy for depression / Keith S. Dobson -- Initial assessment, case conceptualization, and treatment planning / Mark A. Whisman & Lauren M. Weinstock -- Severe depression / Sona Dimidjian ... [et al.] -- Chronic depression / Anne Garland & Jan Scott -- Drug resistant and partially remitted depression / Giovanni A. Fava & Stefania Fabbri -- Preventing recurrent depression / Robin B. Jarrett, Jeffrey R. Vittengl, & Lee Anna Clark -- Suicide / Marjan Ghahramanlou-Holloway, Gregory K. Brown, & Aaron T. Beck -- Panic disorder and social phobia / Michael W. Otto ... [et al.] -- Generalized anxiety disorder, obsessive-compulsive disorder, and posttraumatic stress disorder / Alisa R. Singer, Keith S. Dobson, & David J.A. Dozois -- Substance use disorders / Cory F. Newman -- Personality disorders / Arthur Freeman & Gwen E. Rock -- Borderline personality disorder / Clive J. Robins ... [et al.] -- Medical conditions / Kenneth E. Freedland, Robert M. Carney, & Judith A. Skala -- Family or relationship problems / Lisa A. Uebelacker, Marjorie E. Weishaar, & Ivan W. Miller -- Ethnic minorities / Laura Kohn-Wood, Glenetta Hudson, & Erin T. Graham -- Lesbian, gay, and

bisexual women and men / Christopher R. Martell -- Adolescents / Mark Reinecke & John F. Curry -- Older adults / Patricia A. Arean & Leilani Feliciano.

Sommario/riassunto

While the efficacy of cognitive therapy for depression is well established, every clinician is likely to encounter patients who do not respond to 'standard' protocols. In this highly practical volume, leading authorities provide a unified set of clinical guidelines for conceptualizing, assessing, and treating challenging presentations of depression. Presented are detailed, flexible strategies for addressing severe, chronic, partially remitted, or recurrent depression, as well as psychiatric comorbidities, medical conditions, and family problems that may complicate
