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Nota di contenuto	The physiology of the basic patterns of ergotropic and trophotropic reactions Physiological analysis of ergotropic and trophotropic imbalances; application to various states of consciousness Role of the ergotropic and trophotropic systems in conditioning The physiology of experimental neurosis and of states of anxiety Aspects of reticulo-somatic interactions Physiological collisions and psychological conflicts Patterns of ergotropic discharges internal secretions and the ergotropic and trophotropic systems The role of the neurohumors in sleep and arousal Behavioral implications References Bibliographical appendix Index