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Titolo	Substance use disorders in lesbian, gay, bisexual, and transgender clients [[electronic resource]] : assessment and treatment / / Sandra C. Anderson
Pubbl/distr/stampa	New York, : Columbia University Press, c2009
ISBN	0-231-51269-4
Descrizione fisica	1 online resource (297 p.)
Collana	Foundations of social work knowledge
Disciplina	616.860086/6
Soggetti	Sexual minorities - Substance use Substance abuse - Treatment
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Introduction -- Definitions, prevalence, and etiology -- Heterosexism -- Assessment -- Practice with individuals -- Treatment related to specific drugs -- Issues related to specific age groups -- Issues related to diversity -- Intervention models -- Practice with couples, families, and small groups -- Conclusions about practice -- Case study: a lesbian couple with a substance use disorder -- Ethical and legal issues -- Policy and legislative issues -- The future of the field.
Sommario/riassunto	Internalized homophobia, alienation, poor support structures, and high levels of depression all contribute to substance abuse among lesbian, gay, bisexual, and transgender individuals, with social activity at bars and clubs reinforcing addictive behavior. The threat of bias in treatment programs also prevents many from seeking help. An essential resource for human service professionals searching for the latest research on these unique issues, this volume features both state of the art practice methods for treating substance use disorders and up-to-date analyses of sexual orientation and gender identity issues, heterosexism, and the ethical challenges of working with the LGBT community. Sandra Anderson discusses practice with individuals, couples, families, and small groups, as well as practice at the program level. Drawing on case studies with her own clients and from social service agencies that treat LGBT clients, Anderson emphasizes evidence-based treatment models, including motivational enhancement

therapy, contingency management, the matrix model, and community reinforcement. Packed with recommendations for effective practice, this singular volume confronts the obstacles faced not only by clients with addictions but also by the LGBT population as a whole.
