

1. Record Nr.	UNINA9910524669903321
Autore	West Peter <1972->
Titolo	The Arbiters of Reality : Hawthorne, Melville, and The Rise of Mass Information Culture / / Peter West
Pubbl/distr/stampa	Columbus : , : Ohio State University Press, , 2008 ©2008
Descrizione fisica	1 online resource (xiv, 229 p.) : : ill., map ;
Disciplina	813/.3
Soggetti	Literature and society - United States - History - 19th century Romanticism - United States Narration (Rhetoric) - History - 19th century Telegraph - United States - History - 19th century Journalism - United States - History - 19th century Reality in literature Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references (p. 213-224) and index.
Nota di contenuto	Forever stained with blood, blood, blood! : murder and mass journalism in Hawthorne's Salem -- The journalistic origins of romance -- Hawthorne's city of refuge -- In this world of lies : Zachary Taylor and the American telegraph in Melville's New York -- The island telegraph : information culture and the Melvillean self in Typee -- Benito Cereno and the blunt-thinking American.

2. Record Nr.	UNINA9910781839703321
Autore	Bogle Kathleen A
Titolo	Hooking up : sex, dating, and relationships on campus / / Kathleen A. Bogle
Pubbl/distr/stampa	New York, : New York University Press, c2008
ISBN	0-8147-8991-9 0-8147-9111-5
Descrizione fisica	1 online resource (235 p.)
Disciplina	306.73084/20973
Soggetti	College students - Sexual behavior - United States Dating (Social customs) - United States Universities and colleges - Social aspects - United States
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Bibliographic Level Mode of Issuance: Monograph
Nota di bibliografia	Includes bibliographical references (p. 211-219) and index.
Nota di contenuto	Introduction -- From dating to hooking up -- The hookup -- The hookup scene -- The campus as a sexual arena -- Men, women, and the sexual double standard -- Life after college : a return to dating -- Hooking up and dating : a comparison -- Methodological appendix.
Sommario/riassunto	Listen to her NPR InterviewThe Sociology of "Hooking Up": Author Interview on Inside Higher EdNewsweek: Campus Sexperts-->Hookup culture creates unfamiliar environment - to parents, at leastHooking Up: What Educators Need to Know - An op-ed on CHE by the authorIt happens every weekend: In a haze of hormones and alcohol, groups of male and female college students meet at a frat party, a bar, or hanging out in a dorm room, and then hook up for an evening of sex first, questions later. As casually as the sexual encounter begins, so it often ends with no strings attached; after all, it was "just a hook up." While a hook up might mean anything from kissing to oral sex to going all the way, the lack of commitment is paramount.Hooking Up is an intimate look at how and why college students get together, what hooking up means to them, and why it has replaced dating on college campuses. In surprisingly frank interviews, students reveal the circumstances that have led to the rise of the booty call and the death of dinner-and-a-movie. Whether it is an expression of postfeminist independence or a

form of youthful rebellion, hooking up has become the only game in town on many campuses. In *Hooking Up*, Kathleen A. Bogle argues that college life itself promotes casual relationships among students on campus. The book sheds light on everything from the differences in what young men and women want from a hook up to why freshmen girls are more likely to hook up than their upper-class sisters and the effects this period has on the sexual and romantic relationships of both men and women after college. Importantly, she shows us that the standards for young men and women are not as different as they used to be, as women talk about "friends with benefits" and "one and done" hook ups. Breaking through many misconceptions about casual sex on college campuses, *Hooking Up* is the first book to understand the new sexual culture on its own terms, with vivid real-life stories of young men and women as they navigate the newest sexual revolution.

3. Record Nr.	UNINA9910794460603321
Autore	Knaus William J.
Titolo	The cognitive behavioral workbook for anger : a step-by-step program for success / / William J. Knaus
Pubbl/distr/stampa	Oakland, California : , : Impact Publisher, , [2021] ©2021
ISBN	1-68403-433-7 1-68403-434-5
Descrizione fisica	1 online resource (216 pages)
Disciplina	152.47
Soggetti	Cognitive therapy Rational emotive behavior therapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Intro -- Contents -- Acknowledgments -- Foreword -- Introduction -- Chapter 1: Anger Angles -- Chapter 2: Six Ways to Combat Anger -- Chapter 3: Pathways to Positive Change -- Chapter 4: Your Perspective Solution -- Chapter 5: Coping with Unfairness -- Chapter 6: Body-Mind Solutions -- Chapter 7: The Frustration-Tension Tolerance Solution --

Chapter 8: Problem-Solving Solutions -- Chapter 9: Assertive Solutions
-- Chapter 10: How to Communicate Effectively with Impact -- Chapter
11: Mastery over Anger -- Chapter 12: Top Tips from Anger Experts --
References -- About the Author -- Index.

Sommario/riassunto

Anger experts William Knaus and Irwin Altrows present The Cognitive Behavioral Workbook for Anger. Drawing on the gold standard treatment for anger--cognitive behavioral therapy (CBT)--and informed by the no-nonsense approach of rational emotive behavior therapy (REBT), this workbook offers readers a radically effective anger management tool deeply rooted in scientific research.
