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Soggetti	Women - Socialization - United States Self-care, Health - United States African American women - Social conditions Group identity - United States Feminist theory - Political aspects Feminism - United States Electronic books.
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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	The anatomy of a movement -- Experience : spirituality, sisterhood, and the unspeakable -- Performance : negotiating multiple black womanhoods -- New bodies of knowledge -- Re-articulating feminist identity politics.
Sommario/riassunto	In her evocative ethnographic study, <i>Body Language</i> , Kimberly Lau traces the multiple ways in which the success of an innovative fitness program illuminates what identity means to its Black female clientele and how their group interaction provides a new perspective on feminist theories of identity politics--especially regarding the significance of identity to political activism and social change. Sisters in Shape, Inc., Fitness Consultants (SIS), a Philadelphia company, promotes balance in physical, mental, and spiritual health. Its program goes beyond

workouts, as it edu
