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Titolo	Decreasing oxidative stress and retarding the aging process [[electronic resource] /] / Borut Poljsak
Pubbl/distr/stampa	New York, : Nova Biomedical Books, c2010
ISBN	1-61324-943-8
Descrizione fisica	1 online resource (220 p.)
Collana	Aging issues, health and financial alternatives
Disciplina	616.3/9
Soggetti	Oxidative stress Aging - Physiological aspects Antioxidants - Physiological effect
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Introduction to the aging process -- Description of the problem -- Metabolic rate and life span -- The evolutionary reasons for not perfecting the prevention of free radical formation -- Methods to decrease oxidative stress and retard the aging process -- How do methods claiming to decrease oxidative stress compare with studies on long-lived populations? -- Methodology for detection of oxidative state in biological systems.