

1. Record Nr.	UNINA9910781747403321
Autore	West Marcus
Titolo	Understanding dreams in clinical practice // Marcus West
Pubbl/distr/stampa	London : , : Karnac Books, , 2011
ISBN	1-78049-889-6 0-429-92351-1 0-429-90928-4 0-429-48451-8 1-283-28788-9 9786613287885 1-84940-933-1
Descrizione fisica	1 online resource (153 p.)
Collana	Society of Analytical Psychology monograph series
Disciplina	154.63
Soggetti	Dreams Jungian psychology
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	COVER; CONTENTS; ACKNOWLEDGEMENTS; ABOUT THE AUTHOR; SERIES PREFACE; CHAPTER ONE An overview of dreaming; CHAPTER TWO A brief outline of Freud's views on dreams; CHAPTER THREE A brief outline of Jung's views on dreams; CHAPTER FOUR The language of dreams: the symbolic and the unconscious; CHAPTER FIVE Unlocking the network of associations: the objective, subjective, transference, and archetypal levels of dreams; CHAPTER SIX Beginning work with a dream; CHAPTER SEVEN Exploring some of the basics . . . and not so basics CHAPTER EIGHT Dream architecture: signs and symbols - Sometimes a cigar is just a cigar CHAPTER NINE The position of the "I": death, violence, marriage, sex, gender, toilets, time, and location; CHAPTER TEN The initial dream; CHAPTER ELEVEN The Wolf-Man's dream: contrasting Freudian and Jungian approaches; CHAPTER TWELVE Recent developments in understanding dreams and dreaming: dream laboratories and the neuroscience of dreams; CHAPTER THIRTEEN Other dreams; CHAPTER FOURTEEN Final thoughts: twenty-first-century dreaming; REFERENCES; INDEX

Sommario/riassunto

This book presents a simple, effective and illuminating way of understanding and working with dreams in clinical practice. It describes the mechanisms through which the mind/brain processes our experience and forms symbols, which embody a rich network of associations. It demonstrates how the dream and this network of associations can apply on a number of levels and thus shows how the full richness and vital importance of dreams, their meanings and purposes, can be explored. The book also explores the history, theory and science of dreams and dreaming. It reviews the debates between, and contr
