

1. Record Nr.	UNINA9910781626803321
Titolo	Diet, nutrients, and bone health / / edited by John J.B. Anderson, Sanford C. Garner, Philip J. Klemmer
Pubbl/distr/stampa	Boca Raton, Fla. : , : CRC Press, , 2012
ISBN	0-429-10369-7 1-283-27937-1 9786613279378 1-4398-1956-4
Descrizione fisica	1 online resource (556 p.)
Classificazione	MED060000MED065000
Altri autori (Persone)	AndersonJohn J. B <1934-> (John Joseph Baxter) GarnerSanford C KlemmerPhilip J
Disciplina	612.751
Soggetti	Bones Bones - Metabolism Nutrition
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	pt. 1. Introduction to diet and bone -- pt. 2. Effects of specific nutrients on bone -- pt. 3. Effects of life cycle changes on bone -- pt. 4. Race, ethnicity, and bone -- pt. 5. Osteopenia and osteoporosis -- pt. 6. Conclusion.
Sommario/riassunto	Presenting recent advancements in research findings and the resulting new schools of thought on the physiology of human bone, this comprehensive reference examines information on dietary pattern and specific nutrients in bone health. Written by experts in the areas of nutrition, bone function, and medicine, chapters include research on a variety of bone-related topics including effects of vitamins, nutrients, and antioxidants; dietary requirements; physical exercise; bone hormones; lifestyle and effects through the life cycle; race and ethnicity; and prevention of bone diseases including osteopenia and osteoporosis--