

1. Record Nr.	UNINA9910781578703321
Autore	House Simon
Titolo	The Unborn Child : Beginning a Whole Life and Overcoming Problems of Early Origin / / by Simon House
Pubbl/distr/stampa	Boca Raton, FL : , : Routledge, , [2018] ©2006
ISBN	0-429-92257-4 0-429-90834-2 0-429-48357-0 1-283-31566-1 9786613315663 1-84940-536-0
Edizione	[[2006 ed.].]
Descrizione fisica	1 online resource (273 p.)
Disciplina	618.2/4
Soggetti	Prenatal influences Fetus - Physiology
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	"First published by Wildwood House, Great Britain, 1987, under the title, The unborn child: how to recognize and overcome prenatal trauma"--T.p. verso.
Nota di bibliografia	Includes bibliographical references (p. 213-229) and index.
Nota di contenuto	pt. A. Conception and life in the womb -- pt. B. Dreams, feelings and releasing distress -- pt. C. Generating healthy, non-violent people -- pt. D. Psychological healing and protection.
Sommario/riassunto	The Unborn Child is essential reading for parents, potential parents and grandparents, as well as professionals with responsibility for children, and bringing babies into the world. This book describes prenatal and perinatal development, considering the legacy of health from both parents and grandparents. It explores the effects of the mother's mental and physical state during pregnancy, on the physiology and psychology of her expected child. The earlier in a child's development, beginning paradoxically before conception, that the wisdom of experience and science is applied, the greater the chances of a child's mental and physical health for life. Understanding these issues offers a way of healing early problems that contribute to such disorders as

depression or compulsive behaviour. Here are invaluable guidelines towards generating children with their full genetic potential for basic health and emotional stability. This fascinating book is rooted in the experience of both authors, complete with authoritative case studies and scientific references. It has been extensively updated and restructured by the author, who has added entirely new material on nutrition from before conception.

---