

1. Record Nr.	UNINA9910456369103321
Titolo	Sexed pistols [[electronic resource]] : the gendered impacts of small arms and light weapons / / edited by Vanessa Farr, Henri Myrttinen and Albrecht Schnabel
Pubbl/distr/stampa	Tokyo ; ; New York, : United Nations University Press, c2009
ISBN	92-808-7144-7
Descrizione fisica	1 online resource (489 p.)
Altri autori (Persone)	FarrVanessa MyrttinenHenri SchnabelAlbrecht
Disciplina	306.4/6
Soggetti	Firearms - Social aspects Firearms ownership - Social aspects Women - Violence against Violence Gun control Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 433-440) and index.
Nota di contenuto	Sexing the pistol : the gendered impacts of prolific small arms / Vanessa Farr, Henri Myrttinen and Albrecht Schnabel -- Gender, attitudes and the regulation of small arms : implications for action / Wendy Cukier and James Cairns - Girls and small arms in Sierra Leone : victimization, participation and resistance / Myriam Denov and Richard Maclure -- Small arms and rape as a system of war : a case study of the Democratic Republic of the Congo / Felicity Szesnat -- Haiti : the gendered pattern of small-arms violence against women / Nadine Puechguirbal, Wiza Loutis and Natalie Man -- State, society and the gender of gun culture in Papua New Guinea / Sinclair Dinnen and Edwina Thompson -- "Now they have guns, now they feel powerful" -- gender perspectives on small-arms violence in Timor-Leste / Saleh Abdullah and Henri Myrttinen -- "That's equality for you, dear" : gender, small arms and the Northern Ireland conflict / Miranda Alison -- The gun on the kitchen table : the sexist subtext of private policing

in Israel / Rela Mazali -- Securing private spaces : gendered labour, violence and democratization in South Africa / Jennifer N. Fish and Pumla Mncayi -- Just a matter of practicality : mapping the role of women in social gun control / Katrin Kinzelbach and Zeinab Mohamed Hassan -- Missing men, lost boys and widowed women : gender perspectives on small-arms proliferation and disarmament in Karamoja, Uganda / Christina M. Yeung.

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#### Sommario/riassunto

Every day, small arms and light weapons (SALW) kill and maim, wound and threaten millions of adults and children, whether combatants and civilians in war zones or gangs and communities in degraded "peacetime" environments that are characterized by large-scale violence. Due to their widespread availability, mobility and ease of use prolific SALW have become central to maintaining social dislocation, destabilization, insecurity and crime in the build-up to war, in wartime and in the aftermath of violent conflict. Small arms are misused within domestic settings, as well as in public spaces, and they affect everyone in the community without regard to sex or age. Although the impacts of these weapons can be vastly different for women and men, girls and boys, a careful consideration of gender and age is rare in the formulation of small arms policy, of planning small arms collection or control, or even in small arms research. To counter the effects of prolific SALW, their role in reinforcing and maintaining gender- and age-specific violence must be more deeply analyzed and the results applied at the policy and operational level. This work should be undertaken in war-afflicted contexts, in societies suffering from elevated levels of social violence and/or severe underdevelopment, and in those tolerant of the presence of individually owned firearms. Contributors to this book draw on experience and research from around the world on the nexus of gender, age, violence and small arms in developing and developed countries. Their findings feed into a number of recommendations for future policy formulation, program implementation and research designed to further illuminate and counteract the firing of the "sexed pistol".--Publisher's description.

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2. Record Nr.	UNINA9910781564703321
Autore	Foreman Elaine Iljon
Titolo	Overcoming depression for dummies [[electronic resource] /] / by Elaine Iljon Foreman, Charles H. Elliot, and Laura L. Smith ; foreword by Professor Mark Williams
Pubbl/distr/stampa	West Sussex, England, : John Wiley & Sons, 2008
ISBN	1-119-99752-6 1-280-78434-2 9786613694737 1-119-99750-X
Descrizione fisica	1 online resource (403 p.)
Collana	--For dummies
Altri autori (Persone)	ElliotCharles H SmithLaura L
Disciplina	616.8527
Soggetti	Depression, Mental - Treatment Behavior therapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Nota di contenuto	pt. 1. Discovering depression and designing defences -- pt. 2. Seeing things more clearly : cognitive therapy -- pt. 3. Actively combating depression : behaviour therapy -- pt. 4. Adjusting to changing relationships -- pt. 5. Full bodied assault : biological therapies to fight the physical foe -- pt. 6. Life after depression -- pt. 7. The part of tens.
Sommario/riassunto	Up to 1 in 5 people in the UK suffer from diagnosable depression (bbc.co.uk) - that's approximately 12 million people. Depression takes multiple forms, including seasonal affective disorder, bipolar disorder, and postnatal depression. Research by the BBC claims that up to 75% of sufferers are not receiving any form of professional medication or therapy, which strongly suggests that self-help is often a preferred course of action. Overcoming Depression For Dummies outlines practical methods for recognising and managing the symptoms of depression for those readers who might be too scared.