

1. Record Nr.	UNINA9910781381403321
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Titolo	College success guaranteed [[electronic resource]] : 5 rules to make it happen // Malcolm Gauld
Pubbl/distr/stampa	Lanham, : Rowman & Littlefield Education, c2011
ISBN	1-283-08483-X 97866613084835 1-61048-043-0
Descrizione fisica	1 online resource (135 p.)
Disciplina	378.1/98
Soggetti	College student orientation Study skills
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di contenuto	Congratulations!!!; Introduction; Pop Quiz; Chapter 1; Rule #1: Go to Class; Chapter 2; Rule #2: 3 by 5; Chapter 3; Rule #3: (Don't Just Sit There) Commit to Something; Chapter 4; Rule #4: Get a Mentor; Chapter 5; Rule #5: "Procrastination Kills"; Final Words from Elvis; Acknowledgments; Collegiate Assistance; About the Author
Sommario/riassunto	As a lifelong teacher, Malcolm Gauld has watched thousands of kids go off to college. Some return to visit after their first year exuding the vibe of conquering heroes. Others look, well, pretty bummed out. This book offers a plan to help the new college student complete Year #1 as a member of the first group. With anecdotes from current college students and recent graduates, the book presents five simple rules.