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Note generali

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Nota di contenuto

Cover; Sandplay Therapy in Vulnerable Communities; Copyright; Contents; Acknowledgements; Introduction; 1. The social aspect of psychoanalysis: Freud's polyclinic; 2. The cross-cultural aspect of analytical psychology: Carl Gustav Jung; 3. Margaret Lowenfeld's World Technique and Dora Kalff's Sandplay; 4. Psychotherapy in precarious situations; 5. Trauma and 'newly contained time'; 6. Expressive Sandwork; The importance of play; The group; Expressing psychological content already means changing it; Symptoms; The sandtray; The sand; The miniatures; Free and protected space
Free and protected time
The facilitator's attitude; Talking with the parents; Content of children's play; 7. Expressive Sandwork in South Africa; Far, far away; I'm running to get the police; Unspeakable; The sangomas; The video camera; In chains; A safe place; Soul City; The grandfather; Initiation; 8. Expressive Sandwork in China; Pictographic writing and the psyche; Sandplay in kindergartens; The hidden brother; In an orphanage in Guangzhou; The long journey through the desert; The Barbie doll; The free and protected space is disturbed; The earthquake: the pupils of Beichuan
Overcoming a traumatic experience
9. Expressive Sandwork in Colombia, Latin America; Living out violence compared to expressing it in sandwork; Healing sleep; To order, structure and find protection; The horsey has come; 10. Practical instructions for an Expressive Sandwork project; Indication; Material; Room; Technical equipment; Introductory words; Time and memory; Notes; Discussing the sand images; Limits; Training; Notes; Bibliography; Plates; Index

Sommario/riassunto

Sandplay Therapy in Vulnerable Communities offers a new method of therapeutic care for people in acute crisis situations such as natural disasters and war, as well as the long-term care of children and adults in areas of social adversity including slums, refugee camps and high-density urban areas. This book provides detailed case studies of work carried out in South Africa, China and Colombia and combines practical discussions of expressive sandwork projects with brief overviews of their sociohistoric background. Further topics covered include: the social aspect of