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| Altri autori (Persone) | HoltKatrina A |
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| Nota di contenuto | Bright Futures Nutrition cover; Table of Contents; Bright Futures Children's Health Charter; Creating a Lifelong Foundation for Healthy Eating; About Bright Futures: Nutrition; Bright Futures: Nutrition Vision and Goals; How This Guide Is Organized; How This Guide Can Be Used; Participants in Bright Futures: Nutrition, Third Edition; Introduction; Healthy Eating and Physical Activity; Nutrition in the Community; Cultural Awareness in Nutrition Services; Nutrition Supervision; Infancy; Early Childhood; Middle Childhood; Adolescence; Nutrition Issues and Concerns; Breastfeeding Children and Adolescents With Special Health Care Needs Diabetes Mellitus; Eating Disorders; Food Allergy; Human Immunodeficiency Virus; Hyperlipidemia; Hypertension; Iron-Deficiency Anemia; Nutrition and Sports; Obesity; Oral Health; Pediatric Undernutrition; Vegetarian Eating Practices; Nutrition Tools; Tool A: Nutrition Questionnaire for Infants; Tool B: Nutrition Questionnaire for Children Ages 1 to 10; Tool C: Nutrition Questionnaire for Adolescents Ages 11 to 21; Tool D: Key Indicators of Nutrition Risk for Children and Adolescents; Tool E: Screening for Elevated Blood Lead Levels Tool F: Stages of Change-A Model for Nutrition Counseling Tool G: Strategies for Health Professionals to Promote Healthy Eating Behaviors; Tool H: Basics for Handling Food Safely; Tool I: Tips for Fostering a |

Positive Body Image Among Children and Adolescents; Tool J: Nutrition Resources; Tool K: Federal Nutrition Assistance Programs; Index

Sommario/riassunto

Bright Futures: Nutrition offers detailed practice-focused guidance to help patients and families build a foundation for lifelong health with sound eating practices. This updated 3rd edition provides guidance for applying the nutrition-specific concepts and principles in Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents, Third Edition-the national standard for well-child care. It provides the latest scientific research, current professional standards, and expert in
