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Sommario/riassunto	What really goes on in the therapist's consulting room? And in this most private of relationships, what is the therapist thinking? In this warm, revealing memoir, Dr John Marzillier, one of Britain's most experienced clinical psychologists, tells the story of his life and career as a psychotherapist. He recounts his journey from hard-nosed behaviour therapist, where every treatment method needed scientific justification, through trainings in cognitive therapy and psychodynamic therapy, to his final understanding of the value of the therapeutic relationship. Using case material from his professio