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| Edizione                | [3rd ed.]                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Descrizione fisica      | 1 online resource (92 p.)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Altri autori (Persone)  | HoltKatrina A                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Disciplina              | 613.2/083<br>613.2083                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
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| Note generali           | Description based upon print version of record.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Nota di contenuto       | Bright Futures Nutrition Pocket Guide - Cover Page; Editor: Katrina Holt, MPH, MS, RD / Publisher: American Academy of Pediatrics; AAP Staff; Table of Contents; Building Bright Futures: Nutrition; Bright Futures: Nutrition Vision and Goals; About Bright Futures: Nutrition; Nutrition Supervision; Infancy (Prenatal-Age 11 Months); Early Childhood (Ages 1-4); Middle Childhood (Ages 5-10); Adolescence; Nutrition Tools; Key Indicators of Nutrition Risk for Children and Adolescents; Strategies for Health Professionals to Promote Healthy Eating Behaviors<br>Tips for Fostering a Positive Body Image Among Children and AdolescentsBasics for Handling Food Safely; Federal Nutrition Assistance Programs; Back Cover |
| Sommario/riassunto      | Bright Futures: Nutrition Pocket Guide, Third Edition, is Bright Futures: Nutrition summarized in a bulleted format highlighting the essentials of nutritional screening, assessment, and supervision for each developmental period. This handy, go-anywhere tool provides ready and easy access to key points from the comprehensive, highly rated book.                                                                                                                                                                                                                                                                                                                                                                              |