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Nota di contenuto	Cover Page; Title Page; Copyright Page; Dedication; PREFACE TO THE SERIES; PREFACE; CONTENTS; Contributors; 1. Why Integrative Oncology?; 2. An Integrative Approach to Cancer Prevention; 3. Molecular Targets of Botanicals Used for Chemoprevention; 4. Diet and Cancer: Epidemiology and Prevention; 5. Nutritional Interventions in Cancer; 6. Botanical Medicine in Integrative Oncology; 7. Cannabinoids and Cancer; 8. CAM: Chemo Interactions-What Is Known?; 9. The Antioxidant Debate; 10. Physical Activity and Cancer; 11. Massage Therapy; 12. Mind-Body Medicine in Integrative Cancer Care; 13. Traditional and Modern Chinese Medicine; 14. Cancer: An Ayurvedic Perspective; 15. Homeopathy for Primary and Adjunctive Cancer Therapy; 16. Anthroposophic Medicine, Integrative Oncology, and Mistletoe Therapy of Cancer; 17. Energy Medicine and Cancer; 18. Tending the Spirit in Cancer; 19. The Role of Spirituality; 20. Integrative Medicine and Breast Cancer; 21. Prostate Cancer: An Integrative Approach; 22. Integrative Medicine in Colorectal Cancer; 23. Radiation

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#### Sommario/riassunto

People facing a new diagnosis of cancer are unsettled by their prognosis and treatment options, and they often seek to integrate complementary modalities into their conventional care plan, hoping to improve their chances of cure and decrease side effects. Many do so without informing their oncologist, for fear of alienating them or not convinced that their physician would be informed about complementary therapies. Integrative Oncology, the first volume in the Weil Integrative Medicine Library, provides a wealth of information for both practitioners and consumers on the emerging field of integr