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Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	COVER; Praise for the book; Contents; Introduction; 1 Time, Limits, and Person-Centred Therapies; PART I - INTEGRATING PERSON-CENTRED AND EXPERIENTIAL THERAPIES; 2 Integrative Experiential Psychotherapy in Brief; 3 Getting the Most from the Therapy Hour: Integrating Experiential and Brief Therapy; 4 Traumatic Incident Reduction and Applied Metapsychology Techniques: Operationalising Rogerian Theory in a Brief Therapy Practice; PART II - PRACTICE IN CONTEXT; 5 Time-Limited, Client-Centered Psychotherapy: One Case 6 Working Sensitively with Time: Person-Centred Therapy in a University Counselling Service 7 'In the World, But Not of It': Person-Centred Counselling in Primary Care; 8 Expert Systems versus Moments of Volatility: A Person-Centred Therapist's Perspective of Employee Assistance Programmes; 9 Overcoming the Effects of an Aggravated Burglary: Traumatic Incident Reduction in Action; 10 This Could be the Last Time: Person-Centred Counselling with Young Men in a Young Offenders' Institution; 11 Brief Encounters: Time-Conscious Person-Centred Therapy with Couples 12 A Process of Transformation: Time-Limited Group Counselling with

Women Survivors of Childhood Sexual Abuse Epilogue; Appendix 1 - An Illustration of the Eight Communication Exercises in TIR Training in terms of Rogers' Six Conditions; Appendix 2 - Time-Limited Group Counselling with Women Survivors of Childhood Sexual Abuse: Weekly Log of Themes; Notes on Editor and Contributors; Author Index; Subject Index

Sommario/riassunto

Can the person-centred approach work in time-limited counselling and psychotherapy? This is a question that many practitioners grapple with as demand for brief therapy increases - particularly in the public sector. This title tackles this subject.
