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Nota di contenuto	How things have changed -- The prospect of retirement -- The early years -- Relationships in retirement -- Going it alone -- Sea changes, tree changes and other options -- Down the track -- Three stories and a postscript -- Reflections
Sommario/riassunto	We think of retirement as something to be celebrated, even envied, a time when you are finally free to do your own thing. But what do people do for twenty or thirty years without the structures and restrictions of work? Does it mean someone is no longer important if they are not an active member of the workforce? Or is retirement a time for reinvention and refocusing? Through interviews with people ranging from the newly retired to those who have been retired for 30 years or more, from Australia, the United States, Canada, France, Japan, Malaysia, the Netherlands, and the United Kingdom, Donna Gibbs explores what people who are retired think, feel, and do. Her conversations, insights, and reflections on her own experiences offer a window into the new retirement with all its contradictions and complexities. With warmth, humor, and insight she shows the upsides and downsides, the

challenges to one's sense of identity, and issues for couples and singles. It is an inspiring guide to the ways people deal with this new phase of their lives.

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