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Autore	Simeon Daphne <1958->
Titolo	Feeling unreal [[electronic resource]] : depersonalization disorder and the loss of the self // Daphne Simeon, Jeffrey Abugel
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Altri autori (Persone)	AbugelJeffrey
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Soggetti	Depersonalization Identity (Psychology)
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Nota di bibliografia	Includes bibliographical references (p. 219-231) and index.
Nota di contenuto	Strangers to our selves -- Expressions of the inexpressible -- The path of understanding- a century of exploration -- Diagnosing depersonalization disorder -- Unraveling the enigma: clinical research on depersonalization disorder -- The biology of depersonalization -- The blow of the void -- Medication treatment of depersonalization -- Psychotherapy treatment of depersonalization.
Sommario/riassunto	Feeling Unreal is the first book to reveal what depersonalization disorder is all about. This important volume explores not only depersonalization, but the philosophical and literary implications of selflessness as well, while providing the latest research, possible treatments, and strategies for living and thriving when life seems 'unreal.' For those who still believe that such experiences are still a part of something else, that depersonalization is just a symptom and not a disorder in its own right, Feeling Unreal presents compelling evidence to the contrary. This book provides long-awaited