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Titolo	Parting [[electronic resource]] : a handbook for spiritual care near the end of life // Jennifer Sutton Holder and Jann Aldredge-Clanton
Pubbl/distr/stampa	Chapel Hill, : University of North Carolina Press, 2004
ISBN	1-4696-0469-8 0-8078-6769-1
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Altri autori (Persone)	Aldredge-ClantonJann <1946->
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Note generali	Description based upon print version of record.
Nota di contenuto	Contents; Foreword; Acknowledgments; Introduction; 1 Setting Out; Offering Spiritual Companionship; Itineraries: Stops on Spiritual Journeys; Two Levels of Needs: Physical and Spiritual; 2 A Personal Journey; Companions Welcome; Packing for the Road Ahead; Presence; Listening; Acceptance; Candor; Patience; Advocacy; Humor; Courage; Dependability; Hope; Creativity; Sensitivity; Curiosity; Time; Crossing the Bridge; Coming Closer; Spiritual Conversation Starters; 3 Spiritual Scenery; Life Review; Journaling; Artistry; Ethical Wills; "I've Always Wanted to . . . "; Reunions and Gatherings RitualsPersonal Rituals; Centering Prayer; Simple Rituals; Ceremonies; 4 For Weary Travelers; Comforts for the Dying; Touch; Sight; Sound; Taste and Smell; Comfort from a Distance; Companion Comforts; Accepting Limits; Mini-Breaks; Food and Exercise; Sharing the Burden; Accepting Help; Utilizing Volunteers; Professional Help; Giving and Receiving Care; Guilt and Resentment; Realistic Expectations; Easing Up; Honesty; Trouble along the Road; 5 Parting Ways; Unpacking Life's Baggage; Giving Permission to Go; Reconciliation; Holy Silence; Suspending Disbelief; Letting Go; Saying Goodbye Love and TearsA Child's Goodbye; Dying Alone; Safe Passage; A Sacred Journey; Unpredictable Timing; Comforting Arms; 6 Coming Home
Sommario/riassunto	At times we may be called to be companions on a journey we would rather not take--the journey of a loved one toward the end of life. For

those who choose to serve as close companions of terminally ill relatives or friends, Parting offers the collective wisdom of people from many cultures and faith traditions as a ""travel guide"" for meaningful companionship--helping someone toward a peaceful transition from this life. Sections of the book discuss how to cross the bridge from ordinary conversation to spiritual reflection; how to provide comforts for the body, mind, and soul; and how to
