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Autore	Tambyah Siok Kuan
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Altri autori (Persone)	TanSoo Jiuan KauAh Keng
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Sommario/riassunto	This book is part of the authors' continuing research on quality of life issues in Singapore. It builds on past research into the values and lifestyles of Singaporeans and focuses on their well-being. In addition, the findings of the 2006 Asia Barometer Survey (for Singaporean respondents) are presented; revealing comprehensive insights into their values, lifestyles, priorities in life, worries, life satisfaction, quality of life, etc. Selective comparisons are also made with the other East Asian countries covered in the same survey, namely, China, Japan, South Korea, Taiwan and Vietnam.

