Record Nr. UNINA9910780443903321 Encountering Buddhism: Western psychology and Buddhist teachings / **Titolo** / editor, Seth Robert Segall Pubbl/distr/stampa Albany:,: State University of New York Press,, 2003 **ISBN** 0-7914-8679-6 1-4175-0686-5 Descrizione fisica 1 online resource (ix, 214 pages) Collana SUNY series in transpersonal and humanistic psychology Altri autori (Persone) SegallSeth Robert Disciplina 294.3/375 Buddhism and psychoanalysis Soggetti Psychotherapy - Religious aspects - Buddhism Spiritual life - Buddhism Buddhism - United States - History - 20th century Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Bibliographic Level Mode of Issuance: Monograph Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Buddhist psychology / Andrew Olendzki Close encounters of a new kind / Jeffrey B. Rubin The Buddha teaches and attitude, not an affiliation / Belinda Siew Luan Khong On being a non-Buddhist Buddhist / Seth Robert Segall Finding the Buddha/finding the self / Jean L. Kristeller Awakening from the spell of reality / Kaisa Puhakka Reflections on mirroring / Robert Rosenbaum Psychotherapy practice as Buddhist practice / Seth Robert Segall Buddhism and western psychology / Eugene Taylor "Creatively exploring the points of confluence and conflict between Sommario/riassunto Western psychology and Buddhist teachings, various scholars, researchers, and therapists struggle to integrate their diverse psychological orientations - psychoanalytic, humanistic, cognitivebehavioral, transpersonal - with their diverse Theravada and Mahayana Buddhist practices. By investigating the degree to which Buddhist insights are compatible with Western science and culture, they then consider what each philosophical/psychological system has to offer the other. The contributors reveal how Buddhism has changed the way they practice psychotherapy, choose their research topics, and conduct their

personal lives. In doing so, they illuminate the relevance of ancient

Buddhist texts to contemporary cultural and psychological dilemmas."
--Jacket