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Nota di contenuto	Hidden Self-Harm; Contents; Acknowledgements; Dedication; 1. Introduction; 2. What Do We Mean by 'Self-Harm'?; 3. The Capacity for Self-Care: Observations of Esther; 4. Bodily Integrity and Psychic Skin: Observations of Esther; 5. Themes and Theoretical Frameworks; 6. Trauma and Dramatic Repetition: Working with Lorraine; 7. The Skin in Question: Working with Ellen May; 8. Acting, Feeling and Thinking: Working with Tracey; 9. A Body in Pieces: Working with Peter; 10. Self-Harm by Omission: Working with Kate; 11. Reflections on Case Study Themes 12. The Self-Harming Individual and 'The System' Bibliography; Subject Index; Author Index
Sommario/riassunto	The book takes a new look at self-harm, focusing particularly on the under-explored area of `hidden' self-harming behaviour. These behaviours may not be immediately identifiable as self-harm by counsellors, therapists or their clients, but Turp shows how recognition and understanding of hidden self-harm can improve practice with those affected.