1. Record Nr. UNINA9910780334503321 Autore Nicolson Doula Titolo Adolescent problems: a practical guide for parents, teachers and counsellors / / Doula Nicolson and Harry Ayers London:,: David Fulton,, 2004 Pubbl/distr/stampa **ISBN** 1-135-39740-6 1-283-60740-9 9786613919854 1-135-39741-4 0-203-96336-9 1-4175-0069-7 Edizione [Rev. ed., 2nd ed.] Descrizione fisica 1 online resource (169 p.) Altri autori (Persone) AyersHarry Disciplina 305.235 Teenagers - Conduct of life Soggetti Adolescent psychology Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Previous ed.: 1997. Nota di bibliografia Includes bibliographical references (p. 160-162). Nota di contenuto Cover; ADOLESCENT PROBLEMS: A Practical Guide for Parents, Teachers and Counsellors; Copyright; Contents; CHAPTER 1 Adolescent problems; The concept of adolescence; CHAPTER 2 Theories of adolescent development; Erikson; Kohlberg; Loevinger; Bandura; Bronfenbrenner; Blos; Kegan; CHAPTER 3 Theoretical approaches to adolescent problems; Biological approach; Behavioural approach; Cognitive-behavioural approach; Solution-focused brief therapy (SFBT) approach; Person-centred (Rogerian) approach; Psychodynamic approach; Ecosystemic approach; CHAPTER 4 Practice; Behavioural difficulties Emotional difficultiesLearning problems; Academic problems; Adolescent relationship problems; Self-esteem problems; Adolescent sexual relationships; Mental health problems; Anti-social behaviour (delinquency and other forms); CHAPTER 5 Detailed topics; Adolescent

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Sommario/riassunto

First published in 1997, this book has been updated and revised to bring it in line with new legislation and current concerns. It is an eclectic reference book on adolescent emotional and behavioural problems, covering a range of psychological theories and approaches in a readable style. The theory presented is tied in with practical application using illustrative case studies and there are time-saving interview sheets and other material for teachers/counsellors to use.