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Titolo	Distance writing and computer-assisted interventions in psychiatry and mental health [[electronic resource] /] / edited by Luciano L'Abate ; foreword by Douglas K. Snyder
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Descrizione fisica	1 online resource (248 p.)
Collana	Developments in clinical psychology
Altri autori (Persone)	L'AbateLuciano <1928->
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Soggetti	Written communication - Therapeutic use Psychotherapy - Computer-assisted instruction
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Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Contents; Foreword; Preface; 1 Distance Writing and Computer-Assisted Interventions in Psychiatry and Mental Health; 2 Explorations into the Health Benefits of Disclosure Inhibitory Cognitive and Social Processes; 3 Focused Expressive Writing, Immune Functions, and Physical Illness; 4 Comparison of Distance Emotional Expression with Psychotherapy; 5 A Meta-analytic Evaluation of Workbook Effectiveness in Physical and Mental Health; 6 A Feedback-Driven Computer Program for Outpatient Training; 7 Computer Workbooks in Psychotherapy with Psychiatric Patients 8 Marital Adjustment and Programmed Distance Writing with Seminarian Couples 9 Workbooks and Psychotherapy with Incarcerated Felons Research in Progress; 10 Teaching Psychotherapy Through Workbooks; 11 Some Uses of Writing in Clinical Supervision; 12 Distance Writing and Computer-Assisted Interventions in the Delivery of Mental Health Services; Index; About the Editor and Contributors
Sommario/riassunto	An introduction to the ""writing cure"" that represents an evolutionary, if not a paradigmatic shift in how mental health services will be delivered in the 21st century. It demonstrates how to use structured interviews before using writing and computer-assisted interventions at a distance.