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Titolo	Transformations of mind : philosophy as spiritual practice // Michael McGhee [[electronic resource]]
Pubbl/distr/stampa	Cambridge : , : Cambridge University Press, , 2000
ISBN	1-107-11939-1 0-511-01168-7 1-280-42948-8 0-511-17273-7 0-511-15158-6 0-511-31074-9 0-511-61243-5 0-511-04959-5
Descrizione fisica	1 online resource (viii, 293 pages) : digital, PDF file(s)
Disciplina	100
Soggetti	Philosophy Buddhism and philosophy
Lingua di pubblicazione	Inglese
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Livello bibliografico	Monografia
Note generali	Title from publisher's bibliographic system (viewed on 05 Oct 2015).
Nota di contenuto	; 1. 'A philosophy that is not a philosophy' -- ; 2. Contrary states -- ; 3. ' ... you hear the grating roar' -- ; 4. The energy for war -- ; 5. The division of the soul -- ; 6. 'Wandering between two worlds ... ' -- ; 7. Kant's aesthetic ideas -- ; 8. ... And his rational ones -- ; 9. Arnold's recast religion -- ; 10. Theism, non-theism and Haldane's Fork -- ; 11. Erotic reformations -- ; 12. A language of grasping and non-grasping -- ; 13. ' ... sinne/ like clouds eclips'd my mind' -- ; 14. Concentration, continence and arousal -- ; 15. Uneasily, he retraces his steps ...
Sommario/riassunto	The book offers a conception of philosophy as a form of self-enquiry which begins not in reflection, but in silence and meditation, conceived as conditions for the emergence and cessation of contending states of mind which influence perception and action. The philosopher thus becomes a kind of cartographer of a shifting interior landscape. This

underlying perspective explains the personal nature of the writing and its mixing of genres. The book draws on both the Greek and Buddhist traditions, recognising that it is time for Western thinkers to acknowledge and respond to an intercultural canon. It aims to integrate ethics and a non-theistic philosophy of religion through the medium of aesthetics, mapping Buddhist 'mindfulness' and the Greek virtues and vices of temperance and licentiousness, continence and incontinence, onto an account of the development of moral sentiments and their relation to practical judgement in the context of oppressive political and social realities.
