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Autore	McDaniel Tim
Titolo	The agony of the Russian idea // Tim McDaniel
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Soggetti	Post-communism - Russia (Federation) Political culture - Russia (Federation) - History Communism - Soviet Union Public opinion - Russia (Federation) Russia (Federation) Civilization Russia (Federation) Politics and government Russia (Federation) Social conditions Soviet Union Social conditions Russia (Federation) Civilization Public opinion
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references (p. [195]-197) and index.
Nota di contenuto	Front matter -- Contents -- Acknowledgments -- INTRODUCTION: Cycles of Breakdown in Russia -- CHAPTER ONE. The Russian Idea -- CHAPTER TWO. The Dilemmas of Tsarist Modernization -- CHAPTER THREE. The Logic of Soviet Communism -- CHAPTER FOUR. A Viable Form of Modern Society? -- CHAPTER FIVE. The Failure of Yeltsin's Reforms -- Notes -- Select Bibliography -- Index
Sommario/riassunto	Boris Yeltsin's attempts at democratic reform have plunged a long troubled Russia even further into turmoil. This dramatic break with the Soviet past has left Russia politically fragmented and riddled with corruption, its people with little hope for the future. In a fascinating account for anyone interested in Russia's current political struggles, Tim McDaniel explores the inability of all its leaders over the last two

centuries--tsars and Communist rulers alike--to create the foundations of a viable modern society. The problem then and now, he argues, is rooted in a cultural trap endemic to Russian society and linked to a unique sense of destiny embodied by the "Russian idea." In its most basic sense, the Russian idea is the belief that Russia can forge a path in the modern world that sets itself apart from the West through adherence to shared beliefs, community, and equality. These cultural values, according to McDaniel, have mainly reversed the values of Western society rather than having provided a real alternative to them. By relying on the Russian idea in their programs of change, dictatorial governments almost unavoidably precipitated social breakdown. When the Yeltsin government declared war on the Communist past, it broke with deeply held Russian values and traditions. McDaniel shows that in cutting people off from their pasts and promoting the West as the sole model of modernity, the reformers have simultaneously undermined the foundations of Russian morality and the people's sense of a future. Unwittingly, the Yeltsin government has thereby annihilated its own authority. McDaniel lived in Russia for three years during both the Communist and post-Communist periods. Basing his analysis on broad historical research, extensive travels, countless interviews and conversations, and friendships with Russians from all walks of life, McDaniel emphasizes the perils of assuming that Russians understand the world in the same way that we do, and so can and should become like us. Challenging and provocative in its claims, this book is intended for anyone seeking to understand Russia's attempts to create a new society.

2. Record Nr.	UNINA9910808889303321
Autore	Mole Peter
Titolo	Acupuncture for body, mind and spirit // Peter Mole
Pubbl/distr/stampa	London, England ; ; Philadelphia, Pennsylvania : , : Singing Dragon, , 2014 ©2014
ISBN	0-85701-155-3
Descrizione fisica	1 online resource (162 p.)
Disciplina	615.8/92
Soggetti	Acupuncture
Lingua di pubblicazione	Inglese
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Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di contenuto	ACUPUNCTURE FOR BODY, MIND AND SPIRIT; Preface; Chapter 1: What Is Traditional Acupuncture? How Is It Different from Western Medicine?; Chapter 2: The Philosophical Basis of Chinese Medicine: The Dao, Yin/Yang and the Five Elements; Chapter 3: The 12 Organs and Channels; Chapter 4: The Causes of Disease; Chapter 5: How Does an Acupuncturist Make a Diagnosis and Decide on a Treatment?; Chapter 6: As a Patient, What Should I Expect from Acupuncture Treatment?; Chapter 7: Acupuncture: Past, Present and Future; Appendix A: Further Reading; Blank Page; Appendix B: Professional Body
Sommario/riassunto	This introductory book answers questions most frequently asked by those new to acupuncture. Comparing the system of diagnosis and treatment with that of Western medicine, it also covers the history and theory of acupuncture, how it is used as preventative medicine, how a diagnosis is made, what to expect in the treatment room, and more.