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Sommario/riassunto	<P>Group analytic theory is internationally recognised as an effective treatment for people suffering from mental distress, struggles with personal development and interpersonal problems. Integrating psychoanalytic and social psychological thinking and providing a group setting for self-discovery and developing social skills, long- and short-term courses in this type of therapy are increasing in popularity. </P><P></P><P>This manual provides a detailed description of both long- and short-term versions of group analytic therapy, with rich and vivid clinical examples to illustrate theory and tech