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| Edizione                | [1st ed.]  |
| Descrizione fisica      | 1 online resource (304 p.)   |
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| Soggetti                | Human mechanics<br>Sports - Physiological aspects  |
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| Formato                 | Materiale a stampa   |
| Livello bibliografico   | Monografia   |
| Note generali           | Description based upon print version of record.  |
| Nota di bibliografia    | Includes bibliographical references and index.   |
| Nota di contenuto       | Book Cover; Title; Contents; Preface; Permissions; Foundations of Biomechanics; Anatomical principles; Movement (kinematic) considerations; Linear and angular kinetics; Fluid mechanics and energetics; Introduction; Cinematography and video analysis; Force platforms and external force measurement; Electromyography; Other techniques for the analysis of sports movements; Index |
| Sommario/riassunto      | Introduction to Sports Biomechanics has been developed to introduce you to the core topics covered in the first two years of your degree. It will give you a sound grounding in both the theoretical and practical aspects of the subject.   |