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## Instruments Used in the Clinic

8.4 Understanding Hygiene in the Clinic 8.5 What They Will Do, Where They Will Probe, and Why; 9. A Partnership in Performance; 9.1 Diagnose With the Doctor-Don't be Left Out!; 9.2 How Voice Specialists See Your Instrument; 9.3 Semantics; 9.4 Synonyms: A Rosetta Stone for Voice and Medical Professionals; 9.5 Misnomers; 9.6 Terms to Avoid; 10. Common Pathologies and Disorders in Singers and Possible Treatments; 10.1 Laryngeal Edema and Erythema; 10.2 Laryngitis; 10.3 Vocal Fold Hemorrhage; 10.4 Vocal Fold Varix; 10.5 Vocal Fold Nodules; 10.6 Vocal Fold Cyst; 10.7 Vocal Fold Polyp; 10.8 Polypoid Corditis; 10.9 Vocal Fold Bowing; 10.10 Sulcus Vergeture; 10.11 Laryngeal Granuloma; 10.12 Laryngeal Contact Ulcers; 10.13 Laryngeal Web; 10.14 Laryngeal Papilloma; 10.15 Muscle Tension Dysphonia; 10.16 Unilateral Vocal Fold Paralysis and Paresis; 10.17 Arytenoid Dislocation; 10.18 Laryngeal Sicca; 10.19 Essential Vocal Tremor; 11. Vocally Hazardous Drugs; 11.1 Allergy and Cold Medications; 11.2 Antibiotics; 11.3 Anxiety Medications/Antidepressants/Mood Stabilizers; 11.4 Asthma Medications; 11.5 Blood Pressure Medications (Antihypertensives); 11.6 Blood Thinners; 11.7 Cough Suppressants (Antitussives); 11.8 Dermatologic Drugs; 11.9 Diarrhea Medications/Antispasmodics; 11.10 Gastrointestinal/Reflux Medications; 11.11 Hormone Therapy; 11.12 Nausea/Motion Sickness/Antidizziness Medications; 11.13 Mucolytics; 11.14 Pain Relievers; 11.15 Sleep Aids; 11.16 Steroids; 11.17 Herbal Medications; 11.18 Vitamin Supplements; 12. Cautions to the Singer Undergoing Surgery; 12.1 Aspects of the Surgical Process that Concern Singers; 12.2 Postoperation Concerns; 12.3 Common Problems Where Surgery Could Affect the Voice Mechanism; 12.4 Microlaryngeal Surgery; 12.5 Common Instruments and Materials Used in Microlaryngeal Surgery

### Sommario/riassunto

Singers must equip themselves with enough knowledge to clearly convey specific sensations and difficulties with their instrument. Understanding of potential dangers and disorders, familiarity with a variety of medical procedures, and comprehension in various facets of diagnosis and treatments empower singers to "own," just like other musicians, their instrument. The Owner's Manual to the Voice provides singers with the knowledge necessary to communicate effectively and in intelligent terms about their instrument, especially when conversing with medical professionals. Beginning with an overvi